

**YOU REALLY NEED TO
GET AWAY FROM IT ALL**

The Prescription: *Escape the everyday with miles of untouched beaches, expansive views, and no need to Reply All.*



**FREGATE
ISLAND
PRIVATE**

Setting: Four degrees south of the equator in the Seychelles.



ANNANDALE

Setting: A working farm overlooking the Pacific in Akaroa, New Zealand.

**EL SILENCIO
LODGE & SPA**

Setting: A tropical cloud forest in Bajos del Toro, Costa Rica.



LIFE IS BUSY AND THE DAILY GRIND CAN BE HARD," says Virtuoso traveler Erik Lisher, a husband, father, and managing director of a private equity firm in New York City. "There are competing priorities all over the place." To find balance, Lisher works with Chicago-based Virtuoso travel advisor Shawna Huffinan Owen to craft trips in secluded spots around the world. Such escapes, he says, "provide an important respite to relax and reconnect." Feeling the need to check out for a while? Check into one of these Virtuoso properties that let you completely disconnect.

Clockwise from top: Fregate's Seychelles sanctuary, forest dining at El Silencio, and Annandale's Seascape villa.

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THE DRAWS

FREGATE ISLAND PRIVATE



Seven beaches, 16 villas with pools, 2,200 free-roaming Aldabra giant tortoises.

ANNANDALE



Nature cruises, a five-bedroom homestead and four villas, farm-to-table cuisine.

EL SILENCIO LODGE & SPA



An eco-adventure park, private dinners in the forest, 19 suites and villas.

ADVISOR SAYS



"Most people tend to think of Fregate as an adults-only or honeymoon destination, but the resort also does a great job catering to families and has a fantastic conservation program for kids." - Ginny Caragol, New York City



"The Seascape villa sits on a picturesque bay with private views. You'll feel like you're floating on the sea." - Katie Schmit, Kuna, Idaho



"Located about 90 miles from San José, this property with its open-air pavilion yoga studio is pure peace." - Jeri Donovan, Lincoln, California

DO IT

Villas from \$3,250 (including tax); Virtuoso amenities include a snorkeling excursion and sunset cruise.

Villas from \$454; Virtuoso amenities include breakfast provisions in your villa and a \$100 dining credit.

Doubles from \$236; Virtuoso amenities include a \$50 spa credit and a private coffee-tasting experience.

ALSO CONSIDER



JADE MOUNTAIN

Home to 24 "sanctuaries" that blend with the natural Caribbean environment, Saint Lucia's Jade Mountain also produces its own bean-to-bar organic chocolate. "There are also chocolate-inspired treatments at the spa," notes Virtuoso advisor Naomi Rogers of Caledon East, Canada. "Now that's complete relaxation." Sanctuaries from \$1,050; Virtuoso amenities include a \$100 spa credit.



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Featured on the cover

LAUCALA ISLAND

Located on a private Fijian isle, Laucala's 25 villas overlook coconut plantations, uninterrupted beaches, and verdant volcanic mountains. "Expect to completely unwind while experiencing a slice of heaven," says Virtuoso advisor Louisa Gehring of Cincinnati. Villas from \$4,600 (all-inclusive); Virtuoso amenities include breakfast daily and a 90-minute spa journey.